



MELISSA OLSON

INDIGENOUS MENTAL HEALTH THERAPIST

At Soul Connections Counselling, I believe in empowering individuals to live their best lives. I offer holistic therapy in the form of traditional counseling, energy healing, and hypnotherapy. I am dedicated to providing personalized care and support to help you overcome your mental health challenges. My mission is to help you uncover your inner strength and wisdom, and to guide you towards the healing and growth you deserve. I believe that every individual has the potential to create a fulfilling and meaningful life, and I am here to help you achieve that. Get in touch with me today to start your journey towards healing.

SERVICES

Talk Therapy

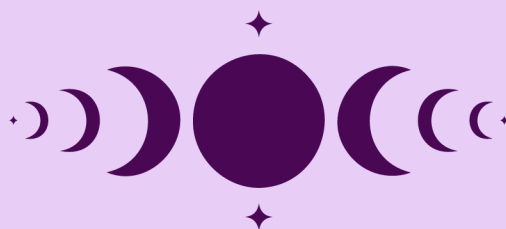
Talk Therapy can help you cope with a range of concerns, such as, anxiety, depression, trauma, grief.

Hypnotherapy

Hypnotherapy is a powerful tool for personal growth and transformation.

Reiki Energy Healing

Reiki is a gentle and non-invasive form of energy healing that promotes relaxation and balance.



Payment:

- NIHB covers with Treaty Status
- Employee Benefits Plan

Serving:

- Prince Albert and Area - Face to Face
- Saskatchewan - Phone and Virtual Sessions

Contact:

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- 🌐 soulconnections counselling.ca
- 📘 Soul Connections Counselling